

VISION TO REALITY

EVERY DAY FOR 20 DAYS Be honest and authentic to self.

Put your timer on for 20 minutes and complete each question as well as your daily assignment.

To get you in your zone, it is always good to start with something positive that will put a smile on your face. List at least one thing that you are grateful for at this present moment.

What is an obstacle in your way, right now? Life is not perfect, and we do expect challenges, so let's face them head on. List an obstacle or a roadblock that is standing in the way of your vision?

To every obstacle, there is a solution. You can take a detour to get around those roadblocks. List some solutions that can help you eliminate the obstacles in the path of your vision. They don't have to be definitive but think deep and get them down on paper.

ASSESSMENT:

Spend the remainder of the 20 minutes assessing where you are in your journey and summarize the progress you've made toward your DREAM. Jot down a few bullet points on your thoughts.
